



Kickball Rules

Game Play

- A team must have a minimum of 9 players to start a game.
- The official ball is a ten-inch playground ball.
- Regulation games will consist of 7 innings or 55 minutes.
- A game cannot end in a tie. Extra innings will be allowed.
- Traditional baseball/softball rules apply unless otherwise specified.
- A game will be ruled complete if a team is leading by ten runs after five innings, 15 runs after four innings, or 20 runs after three innings.
- Batting orders must remain the same throughout the game. If a player is taken out for a substitute, that substitute will bat in the same order that the original player was in.
- Defensive players are allowed to kick the ball (as opposed to throwing) toward another teammate in the field. Kicking the ball at a base runner is not allowed.
- The catcher must remain still until the ball is kicked. He/She cannot distract or intimidate the kicker. If this occurs, the kicker will be awarded first base.

Pitching

- The pitcher will be a member of the defensive team.
- The strike zone is one foot on either side of home plate and no more than one foot above the ground at home plate.
- No fielder may advance past the third base diagonal line until the ball is kicked.

Kicking

- All kicks must be made by foot with the plant foot even with or behind the front of home plate. Only female players are allowed to bunt.
- No base stealing or leading off.

Outs

- A total of three missed kicks, foul balls, or balls through the strike zone in any combination.
- A kicked ball, foul or fair, that is caught before it hits the ground.
- A runner touched by the ball at any time while not on base.
- A runner off the base when the ball is kicked.

Players

- It is preferred that teams are co-ed with an equal number of men and women. However, in an effort to encourage participation, teams with unequal numbers of men and women will be allowed to play. To try and make this fair, teams that are short on women will spot 2 runs to the other team for each woman they are short. This is open for discussion and other arrangements may be made prior to game start time.